

TEAM FORMAT

Division	Side vs. Side	Max. on Roster	Match Time & Half Time
U5 Girls	3 vs. 3	5 Players	Two (2) 15-minute halves, one (1) 5-minute half time
U5 Boys	5 vs. 5	7 Players	Two (2) 15-minute halves, one (1) 5-minute half time
U6 Girls	5 vs. 5	8 Players	Two (2) 15-minute halves, one (1) 5-minute half time
U6 Boys	5 vs. 5	8 Players	Two (2) 15-minute halves, one (1) 5-minute half time
U8 Girls	7 vs. 7	10 Players	Two (2) 20-minute halves, one (1) 5-minute half time
U8 Boys	8 vs. 8	11 Players	Two (2) 20-minute halves, one (1) 5-minute half time
U10	9 vs. 9	12 Players	Two (2) 25-minute halves, one (1) 5-minute half time
U12	11 vs. 11	15 Players	Two (2) 30-minute halves, one (1) 5-minute half time
U14	11 vs. 11	15 Players	Two (2) 35-minute halves, one (1) 5-minute half time
U16	11 vs. 11	18-20 Players	Two (2) 40-minute halves, one (1) 5-minute half time
U19	11 vs. 11	18-20 Players	Two (2) 45-minute halves, one (1) 5-minute half time